

# Restore My Soul Women's Retreat Smith Lake, AL

**Friday, September 19th, 9:00-3:30**  
**\$75 includes retreat, materials, and lunch**  
**Registration Limited**



## Registration Form

\$75 registration fee includes lunch, snacks, and materials. For more information, contact [mary@marybeasullivan.com](mailto:mary@marybeasullivan.com) or call 205-329-4862. To reserve a space, go to [www.marybeasullivan.com/store.htm](http://www.marybeasullivan.com/store.htm) and register online or mail payment and registration to:

Mary Bea Sullivan, LLC 1612 2nd Avenue SW, Cullman, AL 35055  
\$35 Cancellation fee will apply

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Telephone(h) \_\_\_\_\_ (c) \_\_\_\_\_

Dietary Restrictions or Physical Limitations \_\_\_\_\_

In her various careers, **Mary Bea Sullivan** has over 20 years experience facilitating workshops and retreats. Melding her life coach training and her devotion to spiritual exploration, Mary has created a unique practice that allows her to work one-on-one and in small groups with individuals seeking to deepen their connection to the Sacred, themselves, and their world. She is the author of

*Dancing Naked Under the Moon: Uncovering the Wisdom Within.*

[www.marybeasullivan.com](http://www.marybeasullivan.com) 205.329.4862

*"With sincerity, commitment, and a sense of humor like Mary's, we can all get there!"*  
Rev. Cynthia Bourgeault, Director, The Aspen Wisdom School.